



BLAZE UNLIMITED



Coaching In the Workplace - 1 day program

Today's leaders and managers are routinely being asked to deliver more, to increase efficiency, engage staff and so on. Simultaneously, the world in which they are managing has changed radically. With the workplace no longer operating purely as a command and control environment, coupled with increasing skill shortages, an aging population, multiple generations in the workforce and rapid globalisation traditional management approaches are being increasingly challenged. Practical coaching skills have proven to be an effective model of engagement that empowers the employee, increases buy-in, builds competence and holds staff to account for their progress and output.

Our 1 Day Coaching in the Workplace program is a great introduction or refresher of basic coaching skills. The workshop is designed to be highly experiential and will support individuals to both develop their knowledge of coaching and to practice the essential coaching micro-skills in a safe and supportive environment.

Learning Objectives

- Understand the role of the coach
- Practice and develop Coaching Communication Skills
- How to set Goals and Action Plans
- The importance of building trust and how to do it
- The art of delegation (and how it links with coaching)
- Understand and apply the Coaching for Results model
- Have an opportunity to practice coaching conversations in a supportive learning environment.

Workshop participants will receive a range of resources designed to support them in their role as coaches in the workplace.

About the Facilitator

Sean is an experienced coach having worked with over 100 line managers from various industries and organisations including Qld Health. He is an engaging facilitator who delivers his material in an informal style and brings his own interest in positive psychology and the power of personal mindset's into many of his sessions.

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