



**BLAZE UNLIMITED**

## HOW TO SET GOALS – AND MAKE PLANS TO ACHIEVE THEM – ½ DAY

*“If you fail to plan,  
you plan to fail.”*

- Are there things you've been meaning to get around to but never have?
- Do you find yourself procrastinating a lot?
- Do you often start things but never finish them?
- Do you want to be, or have more but are unsure about how to go about making it happen?
- Do you want greater control over your life, what you do and how you spend your time?
- Do you want to improve your work life balance?
- Would you like to know an effective way of planning and managing your work to make short work of big projects?
- Do you want to know how to apply the 5 Factor Success model to your situation?

Everybody has dreams, goals and things they want to achieve in their life. Not everyone makes them come true though. What is the difference between those that do and those that don't? Easy. Those that achieve great things in life, that have their lives working for them and not against them, have goals and plans. The more clearly you can articulate what it is that you want to achieve the more likely it is that you will achieve it. Our simple planning process helps you to set meaningful goals in any area of your life and then do some detailed action planning to help you to move forward immediately.

In this half day workshop you will learn how to:

- Set realistic goals that inspire you to succeed
- Apply the SMART goal equation to your situation
- Avoid procrastination
- Produce a clear and detailed action plan that helps you move towards your goals confidently and efficiently
- Use your environment to increase your chances of success
- Get absolute clarity about what is really important
- Deal with setbacks and track your progress
- Celebrate milestones and achievements
- Use visualization to improve your mental and physical game

Don't let that quote on the left apply to your situation. Get control of your life by setting some big goals, develop a plan of action and GO FOR IT!!

It's amazing what you can achieve when you have goals and plans.

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